

Christchurch City Mission Foodbank.

There are 2 ways of accessing food through the Christchurch City Mission Foodbank. Pre-packed food parcels and Pou Manaaki – Self-Serve Foodbank.

What is a Self-Serve Foodbank?

A Self-Serve Foodbank is another way of accessing food from the Christchurch City Mission Foodbank. The food is not pre-packed, and shoppers can choose food that aligns with their dietary, cultural and personal preferences.

Christchurch City Mission Self-Serve Foodbank is called Pou Manaaki - “A place of caring and sharing”

Where is Pou Manaaki and what are the opening hours?

Pou Manaaki is situated at 275 Hereford Street, Christchurch Central.

Opening hours are:

Pre-packed food parcels: Monday to Friday 9:30am – 10:30am and 1:30pm – 2:30pm

Self-serve foodbank: Monday to Friday 9:00am – 12:00pm and 1:00pm – 3:00pm

You will need to phone 03 365 0635 or 0800 787855 to book a time slot to visit.

Do I have to make a booking?

Yes. Contact Christchurch City Mission on 03 365 0635 or 0800 787855 to make a booking for either a pre-packed food parcel or a shop in Pou Manaaki.

External agencies will continue to email referral through to Foodbank, to make a booking for a pre-packed parcel.

Is there a cost to shop at Pou Manaaki?

There is no cost to shopping in Pou Manaaki.

How often can I visit Pou Manaaki?

Whānau will have the opportunity to shop at Pou Manaaki once every seven weeks (or more often on a case-by-case basis).

An appointment with a financial mentor will need to happen for authorisation of ongoing food parcels.

Will there be someone to help me with my shopping?

If you need any help while shopping, our Pou Manaaki manager and foodbank services team will provide you with advice on healthy food options, meal planning and recipe ideas while you shop.

Will you accept food donations?

Yes. Food donations will still be gratefully received. We are a Foodbank that relies on donations to help put food on our shelves and in our parcels.